



In recognition of completing all the requirements established by the
RRCA Coaching Certification Program
including 16 hours of coursework, successful completion of the exam,
and proof of first aid and cardiopulmonary resuscitative certifications, we hereby grant

Ross Cairns

status as an RRCA Certified Adult Distance Running Coach

Course Location: Crow Creek ONLINE
Course Dates: June 10-11, 2023

George Rehmet

RRCA President



A handwritten signature in black ink, appearing to read "Jean Throck".

Executive Director